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**CENTURY 21**

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# Privacy concerns limit more specific COVID-19 reporting

JENN WATT

Editor

The health unit is keeping track of those who have tested positive for the coronavirus and contacting those they've come in contact with, but they won't be releasing details about which towns or municipalities they live in.

It's already been established that there is community spread of the virus, said spokesperson Chandra Tremblay in an email to the *Echo* last week, and the Haliburton, Kawartha, Pine Ridge District Health Unit won't be releasing more geographic information to protect the individuals' privacy.

"We have many small communities in our area and we want to protect the privacy of individuals," Tremblay said. "Our

see **THOSE** page 2



## Birthday convoy

Carol Stamp is held by her daughter Susan as they watch family and friends drive past Carol's West Guilford home, wishing her a happy 78th birthday on April 16. The surprise birthday celebration was organized by Susan, Kim Stamp and Pat Bain, a longtime friend. See more on page 3. /DARREN LUM Staff

## Haliburton welcomes Sadie home

SUE TIFFIN

Staff Reporter

On Sunday morning, when the Lakeside Church service began an online broadcast, encouragement for Sadie Lester in the form of a song was shared between the Lakeside Church commu-

nity and broader community of Haliburton County.

"Hi Sadie, I heard this was your favourite song, I hope it puts a smile on your face, we love you," said Janis Prins, before she and a chorus of children recorded separately in their homes, practicing physical distancing during the coronavirus pandemic, came together to sing Lauren Daigle's *Look Up Child*.

Six-year-old Sadie and her mom, Lindsay, have been identified by their family as being the Haliburton residents attacked by two Saint Bernard dogs while out walking shortly before 4 p.m. on Gainforth Road on Easter Sunday, April 12. Lindsay's injuries, including back and arm trauma, were listed as non-life

see **COMMUNITY** page 4

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# COVID-19

## Coronavirus

# Those ignoring self-isolation order could be fined

from page 1

staff do case and contact management, and will contact someone if they have been in close contact to a case. We are also seeing community transmission of COVID-19 now, rather than just travel-related cases. This means we all need to assume the virus is in our community and follow all of the public health measures designed to help stop the spread of the virus (staying home, physical distancing, washing hands, cough and sneeze etiquette)."

As of Monday, April 20, there were seven confirmed cases of COVID-19 in Haliburton County with one hospitalization and 134 cases in the HKPR District Health Unit. Thirty-three people have died of the virus within the region, none of those was in Haliburton County.

Responding to ongoing reports of residents ignoring orders to self-isolate, on April 14, the health unit issued a "class order," requiring those diagnosed with the virus, who have a probable case or who have been in contact with those who have a confirmed case to self-isolate for two weeks or face a fine of up to \$5,000 per day.

"The health unit has heard from many people that there are others who have returned from travel or been confirmed to have COVID-19 and are seen outside of their home, shopping or visiting friends," said Dr. Lynn Noseworthy, medical officer of health, in a press release. "This order allows the health unit to ensure those people are isolating and not spreading the virus to others in the community."

The order is a measure available to the medical officer of health under the Health Protection and Promotion Act.

Tremblay said the health unit waited to issue the class order in the hopes that people would take the directives from the provincial and federal government seriously, "but the health unit is continuing to receive complaints about people failing to remain in self-isolation. Without issuing this order, the health unit had no legal recourse in forcing people who have been confirmed to have

COVID-19 or come in contact with a confirmed case to comply with self-isolation," she said.

"Going forward, anyone who receives a positive test result will be contacted by the health unit and told about the order. Health unit staff will also be contacting those people daily. If it is found that someone has not complied with the order, the medical officer of health can apply to the court to have that person fined."

Those ordered to self-isolate must not leave home and must not have any visitors except as permitted by the health unit such as when a health-care professional comes to the home for an appointment. Groceries and other necessities should be delivered to the home of the person in self-isolation.

In recent weeks, the *Echo* has received reader questions about whether someone who resides outside of Haliburton County, but who tested positive while in Haliburton County would be counted as one of this county's positive cases.

Tremblay said in that case – someone residing elsewhere, testing positive while in the county – the person would not be counted as a positive case for Haliburton County. She said the health unit for the region in which that person resides would be responsible for doing the follow-up steps.

"If the person tests positive, their home health unit is sent the test results, and staff from that health unit would be involved in the case and contact management for that case," she said. "Those staff would be in touch with anyone who could have been exposed to that positive case during the communicable time."

Last week, the health unit expanded the amount of information available to the public regarding COVID-19 cases including whether the cases are part of an outbreak or in the community and data on age ranges. It does not include a break-down of each individual case by age or how the person is thought to have acquired the virus. A new report is posted each day.

## Reminders from the HKPR District Health Unit

Anyone who is not ill or required to self-isolate is still being asked to heed the public health messaging of staying home to stay safe. This includes:

- Asking all residents to stay at home, leaving only for essential reasons including groceries, medicines and medical appointments. Daily exercise should be done alone or with one family member, or to exercise a pet.
- Encouraging people over the age of 70 to stay at home, emerging only for essential needs (groceries, medications, or seeking healthcare). If possible, they should rely on family and social supports to minimize interaction with others. This advice also applies to people who have underlying medical conditions or compromised immune systems.
- Asking people who have seasonal cottages to refrain from going to the cottage, as it could put extra strain on the already limited resources of the cottage communities.
- Essential businesses that choose to remain open should work to limit access to their facilities and the number of occupants on their premises. They must also move their operations to delivery and pick-up as much as possible and maximize physical distancing, infection prevention and control practices, and cleaning.
- Essential businesses that choose to remain open should also consider active screening of their employees and staff for signs and symptoms of COVID-19.

If residents who are not symptomatic or not required to self-isolate at home must leave their home, they are reminded to practice physical distancing, avoid crowds and physical contact, and stay a safe distance of two metres from other people.

## CORRECTION:

In the *Haliburton Echo* article "Central Food Network offering help to anyone who needs it during health crisis," published last week, it incorrectly stated Carol Greenwood is the co-ordinator of the Highlands East Food Hub. Ken Mott is the manager of the Highlands East Food Hub. Greenwood is the co-ordinator for the grocery delivery service. The email address tina@centralfoodnet.org should be tina@centralfoodnetwork.org.

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## Taking precautions

Customer service representative Beth Lee sanitizes the ATM at the Bank of Montreal on Thursday, April 16 in Haliburton. The bank has altered its business practices to reduce the spread of coronavirus, limiting the number of people in the bank, regular cleaning and erecting a barrier between tellers and customers. /DARREN LUM Staff

# Long-term care staff limited to single site weeks ago: HHHS CEO

As long-term care homes come under the microscope during the coronavirus pandemic, with outbreaks happening at almost one in five across the province, one factor that could help limit the spread is to restrict where staff work.

On Wednesday, April 15, the Ontario government released details about an emergency order prohibiting workers in long-term care from working at more than one facility, to take effect April 22.

At Haliburton Highlands Health Services, CEO and president Carolyn Plummer said that practice has been in place locally for weeks.

"Nursing and PSW [personal support worker] staff have been limited to a single site within HHHS and we have ensured that we have no staff working at other

LTC [long-term care] homes outside of HHHS," Plummer said in an email to the *Echo*. Planning began in mid-March with new staff schedules implemented March 23.

"We have also increased support services such as housekeeping and maintenance to enable separation as well – so there is no cross-over between hospital and LTC of staff at both Haliburton and Minden," she said. "HHHS recognized early in our process that this would be a necessity for patient/resident safety – hence the early call and postings for additional support staff and health-care workers."

Long-term care homes have been closed to non-essential visitors for a month.

Jenn Watt, Staff



# Convoy of love brings birthday wishes

DARREN LUM

Staff Reporter

Standing on her deck at the side of her house, warmed by the spring sun and the sight of the vehicles filled with family and friends waving and shouting "happy birthday, Carol!" Carol Stamp cried.

Her tears came from overwhelming feelings of joy as her loved ones found a new way to celebrate her 78th birthday on April 16, while still observing coronavirus health precautions.

"Oh, my goodness. I can't believe that they did that. I have wonderful friends and family," she said. "It's priceless. It's lovely. I'm speechless. I'm speechless ... so nice. We don't see one another for a while. We're used to seeing each other all the time."

Twenty-one vehicles carrying 34 people visited her home on St. Andrew's Court in West Guilford. Several more people sent their messages of love through an online chat program.

Carol's daughter Susan said the idea came from having heard about other vehicle parades. She knew organizing an event like this would be difficult living with her mother so she asked her mother's long-time friend and neighbour Pat Bain and her cousin Kim Stamp to spread the word.

This birthday surprise, Susan said, is also in honour of her father Lyle, who died in October.

"This was the kind of thing he would

have done," she said.

Pat said she's known Carol for close to 50 years.

Organizing the caravan of joy for her friend was very meaningful. Bain thinks of Carol as a sister. They've lived through the good times and have weathered the challenging times; both are cancer survivors.

Carol and Lyle had always included Pat in their lives and they travelled together. Getting to have a part in organizing Carol's birthday meant a lot to Pat.

"To be able to do something for all she and Lyle have done for me, I know that it brings my heart happiness and I know it will [bring to] hers as well," she said.

Pat remembers the comfort she found in her friendship when her marriage ended 25 years ago.

"At that time, you know, I thought, well, I won't be able to keep my home and that really upset me for my kids' sake, but it was Carol who said, 'Pat, try it. Don't put a for-sale sign on [your lawn]. Just try and see if you can manage.' And my house is paid for ... and I've managed," she said.

Pat said getting people to participate in the caravan was easy.

"Everybody was right on board because I think everybody needs an excuse to get out without getting close to people," she said.

She said this will help Carol, who is still dealing with the loss of Lyle.

"This will certainly boost her spirits for a long, long time," she said.



Above, Kim Stamp wishes her aunt Carol Stamp a happy 78th birthday from the lead vehicle on April 16. More than 20 vehicles carrying more than 30 people created a birthday convoy outside Carol's West Guilford home. /DARREN LUM Staff



Left, Pat Bain and Carol Stamp, right, wave to the last few vehicles.

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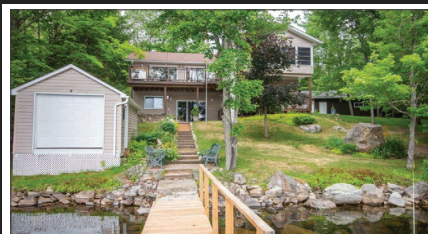
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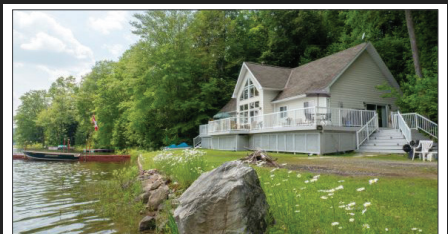
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# Community lines the road for Sadie's return home

from page 1

threatening, while Sadie's injuries were identified as being extensive, and she was flown by Ornge air ambulance to SickKids with critical injuries. The animals have been placed in quarantine by order of the health unit.

AJ Lester, dad to Sadie and husband to Lindsay, posted to his social media page as Sadie and her mom were en route to SickKids, requesting prayers for Sadie prior to her undergoing four-and-a-half hours of surgery requiring hundreds of stitches due to the attack, and also for Lindsay, who he said in a later post he saw as "being the hero who God did a miracle through by throwing herself onto Sadie and saving her life."

The online prayers quickly translated to action by family, friends, and also complete strangers around the world as they made efforts to help Sadie while her family stayed at her bedside last week. AJ's online posts were seen by Donna Smith, who lives in Bobcaygeon, and who recognized her own daughter's downtown Toronto apartment building in a photo of Sadie looking out the window of her room at SickKids. Soon, a sign could be seen in Shannon Berseth's window showing support to Sadie whenever the girl looked outside.

"The sign was [mom's] idea," said Berseth, "My supplies were limited. I didn't really have any paper other than notebooks I'm using to work from home right now ... but managed to make do with wrapping paper and a Sharpie!"

Tiffany Prentice, who is friends with the Lesters through the Lakeside Church community, recognized an immediate need for help for the family because of her family's own experience going through an emergency airlift for medical help three years ago for her stepson, and offered the Lesters hundreds of dollars in pre-paid VISA gift cards for gas and parking with funds raised with help from her family and friends.

"My heart was breaking and I had to do something," said Prentice.

On April 17, word came that Sadie would be able to return home between hospital visits and further treatment, and friends and family were invited to line Gainforth Road to welcome the Lesters home, with directions to stay in vehicles and apart from each other as per physical distancing recommendations.

News quickly spread of the community effort to be present for Sadie's return, and Prentice said there were at least 100 people clapping, cheering and celebrating from their cars, lining up at 3 p.m. for the 5:30 arrival of the family – "it ended up we covered the entire street," she



Sadie Lester, a six-year-old Haliburton resident who alongside her mom survived a two-dog attack on April 12, takes a moment in recovery to look out her window at SickKids. /From a GoFundMe page in Sadie Lester's name

said – as the Lesters turned onto the road.

"I think they had a lot of healing from that and I'm glad that we all made it possible for them," said Prentice. "Everybody really took on Sadie as their own when they heard about the accident, especially with us all in isolation and whatnot, everybody really focused on it. Our community really bands together when anybody gets hurt."

Prentice said despite the incident being a tragic one, because people are home from work and school at this time, they had time to be there for Sadie and make her return special and positive.

"That's what I think our community's biggest focus was on."

AJ said extended family in Newmarket had also gathered in a group with signs, as well as "a good friend in a unicorn costume at the bottom of Hwy 404" as the family returned home.

"The welcome back into Haliburton was beyond anything we could ever imagine," he said in a post that evening. "I truly can't thank you all enough from Lindsay,

Sadie, Addi and I. This community has banded together and have shown us what a real community is. The line of cars, the people holding signs, the police cruisers, the fire department and fire truck and the many gifts left at our home. I'm sorry we couldn't stop and thank you each personally. We wanted to but we are extra protective right now. Just know you are all so special to us, your time and effort means the world to my family and Sadie was beaming ear to ear. She said she's famous. You gave a little girl who's going through hell on earth a huge gift today. Thank you so much."

AJ has acknowledged that although the family is home, Sadie will need to continue to recover, and will have surgery again in the next year as she deals with injuries that include nerve damage.

On April 20, AJ posted: "Well it's been over a week now, it's a roller coaster of good days, bad days, good moments, bad moments, but I know that's the way this will play out. There are many unknowns but we are steady and confident God has us firmly in His hands and He has no plans of letting us go."

Through his posts, he has thanked local medical staff as well as the SickKids team, the generosity of those who have reached out to help, and noted that he and Lindsay have run through the gamut of emotions but are not hateful for what has happened, because of their faith. Though he noted the tragedy has been hard on his family members in different ways, he said they will all persevere. "Sadie is blowing us away with her strength, she truly is."

At press time, the GoFundMe page in place for Sadie Lester and her family has reached more than \$36,000, with a goal of \$65,000. More details are available here: <https://ca.gofundme.com/f/sadie-lester>.

Richard Ovcharovich of the Haliburton, Kawartha, Pine Ridge Health Unit told the *Echo* on April 20 a public health inspector has attended the facility where the dogs are being quarantined. "We are satisfied that the quarantine is being conducted appropriately at a reputable facility and we have confirmed that both dogs are up to date on their rabies vaccination," he said. "The reason for the quarantine is to ensure that the dogs were not positive for rabies at the time of the biting incident. Once the quarantine release inspection is conducted, the health unit's involvement with this case will be completed. The decision to have the dogs euthanized after the quarantine release is between the animal owners and the law enforcement agencies."

The facility does not own the dogs and is following the instructions of the authorities.

## YWCA service changes raise concern for former client

JENN WATT

Editor

Changes to services offered through the YWCA Peterborough Haliburton during the coronavirus pandemic has caused concern to a local woman who says she used the service in the past and is worried Haliburton County women won't have the support they need.

Breann Allin said the YWCA played a crucial role in her life when she needed help leaving an abusive situation.

"The first time I spoke to a [YWCA] worker, she helped me see my options, and helped me develop a safety plan, for both my leaving, and how to stay safe until I did leave. She also informed me of all the local resources that were accessible, including a temporary living space that my daughters and I could use, that allowed us to stay in the community," Allin wrote in an email to the *Echo*.

In particular, she said, knowing the Haliburton Emergency Rural SafeSpace was available gave her comfort that there would be a place for her to go, if necessary. She also benefited from meeting with the local YWCA staff face-to-face for support after she had left the abusive situation.

"She was extremely accommodating," Allin said of the YWCA staff member, "often meeting me at a location that worked for me. Even if/when it was out of her way. Seeing her in person helped hold me accountable, whereas on the phone I could have blown her off."

Having gone through this experience and knowing the value of the YWCA services, Allin said she is worried that women who are in abusive situations during the COVID-19 pandemic will not have the same level of support she had.

Earlier this month, the YWCA Peterborough Haliburton issued a press release letting the community know that services were still being delivered, but that staff

were now observing new protocols to prevent the spread of the virus.

"Crossroads Shelter [in Peterborough] and HERS – Haliburton Emergency Rural SafeSpace are essential services for women and children fleeing violence in Peterborough and Haliburton County. We continue to provide reliable, confidential support, resources, safety and information around the clock," the press release reads. "Our offices are closed to the public and staff who usually work at our Simcoe Street Office, Women's Centre of Haliburton County and Centennial Crescent Housing Community are working remotely and will continue to provide assistance [by phone, text and email]."

In an interview with the *Echo* on April 9, YWCA Peterborough Haliburton executive director Kim Dolan said that services are available but "look different" right now. She said she couldn't comment on current use of the HERS space and said staff were available by phone, text and email.

"It's in support of our commitment to keeping women safe, that we will not confirm nor deny whether anybody is currently in the HERS shelter and that's for safety reasons," Dolan said. "What I can confirm for you is that, while things have changed, our commitment to and level of services available to women have not changed, they're still there. How we're doing it right now is a little bit different. Our crisis and support lines are still open, they're answered 24 hours a day, seven days a week. Safety planning, risk assessment, access to services, and referrals to other services are still available."

Allin said she was concerned that women did not have physical access to staff and questioned how a woman who, due to the pandemic needed to stay at home with an abusive person, would be able to make phone calls to a YWCA staff member.

"Without having any type of office space alone provides issues, how can you possibly receive counselling never mind [plan] a safe exit, with your abuser sitting

beside you? Or worse still, you are on the phone trying to receive counselling, and your partner 'catches' you, or finds out you have been seeking help, as he is now home all day," Allin said.

She outlined how changes not only to how the YWCA is offering its services, but also to other institutions and workplaces, would create an even more isolating and dangerous situation for women.

"Imagine you are living in a 1,000 [square foot] house, you, your spouse, and your kids. Your counselling is not available because you can't do it over the phone, as he is always there. There is no longer someone who sees you at least monthly, so no one [is there to] notice bruises. Not only are your kids home and witnessing all the abuse, they are no longer going to school, so the 'prayer' you think daily, about your child's teacher noticing something and calling CAS [children's aid services], is no longer an option," she said.

She called the situation "terrifying."

Dolan said that shelter services are available to women fleeing violence and that service is decided with each woman individually.

"In order to provide the best possible service to women who are experiencing violence, and to ensure that we're maintaining our commitment to best practices related to the COVID pandemic, we're still providing services and that we'll assess on a case-by-case basis with women who call in the best services for her and her kids if she's got kids," she said.

Questions regarding the specifics of what shelter services are being offered, the opportunity for face-to-face contact between staff and clients, and whether there were plans to further modify what YWCA offers during the pandemic sent in a subsequent email to Dolan were not answered at press time.

YWCA's 24 Hour Support & Crisis Line can be reached at 1-800-461-7656 or you can text 705-991-0110.



# HELP REDUCE THE SPREAD OF COVID-19

## TAKE STEPS TO REDUCE THE SPREAD OF THE CORONAVIRUS DISEASE (COVID-19):



Follow the advice of your local public health authority.



Wash your hands often with soap and water for at least 20 seconds.



Use alcohol-based hand sanitizer if soap and water are not available.



Try not to touch your eyes, nose or mouth.



Avoid close contact with people who are sick.



Cough and sneeze into your sleeve and not your hands.



Stay home as much as possible and if you need to leave the house practice physical distancing (approximately 2 m).

## SYMPTOMS

Symptoms of COVID-19 may be very mild or more serious and may take up to 14 days to appear after exposure to the virus.



**FEVER**  
(greater or equal to 38 °C)



**COUGH**



**DIFFICULTY BREATHING**

## IF YOU HAVE SYMPTOMS



Isolate at home to avoid spreading illness to others.



Avoid visits with older adults, or those with medical conditions. They are at higher risk of developing serious illness.



Call ahead before you visit a health care professional or call your local public health authority.



If your symptoms get worse, contact your health care provider or public health authority right away and follow their instructions.

## FOR INFORMATION ON COVID-19:

 1-833-784-4397

 [@ canada.ca/coronavirus](https://canada.ca/coronavirus)



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# points of view



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*Forever in our memories: Creighton Feir*

## Invest in LTC workers

FOR SEVERAL years, I spent a good deal of time in one of our long-term care homes, Highland Wood in Haliburton, visiting my friend Ruby, who lived there. I'd go for a couple of hours once a week, usually on a Monday or Tuesday night, when we'd chat about life and share tidbits of gossip.

While I was there I got to know the staff and their routines, when to expect the snack cart, when medication time came around, and how they would respond to urgent needs like a fall, or a resident with dementia who was confused and in distress.

Ruby kept tabs on all these workers, who treated her like a grandmother. One knew she liked yogurt and would tuck a bowl onto her cart as a special treat. Another would talk to Ruby about her kids and they'd compare notes. One PSW would save time at the end of his shift to come in and chat with her one-on-one. She loved that and told me about it often.

Ruby, along with all of the other residents, also relied on this staff to be attuned to their health: their dietary needs, their likelihood of falling, whether they were energetic or lethargic. And they did it all at a hectic

pace, while somehow seeming unflustered and pleasant.

When I got home each week from my visits, I would frequently say that whatever the staff were making wasn't enough. Responsible for everything from toileting and feeding to psychological and emotional support for the community's elders, these staff deserved accolades.

That was before COVID-19.

Now, that same tireless staff is caring for our most vulnerable population at a time of incredible stress and anxiety. Outbreaks are happening at long-term care facilities across the province and these staff are literally on the frontline.

The prime minister has indicated the government is plan-

ning to top up pay for health-care workers in LTC, recognizing both the dangerous nature of the job and that they're now being asked to work at only one facility to lessen the chance of COVID-19 spread – a necessary decision, which will hinder the workers' ability to make ends meet.

A pay increase for these workers will be money well spent. The staff in long-term care deserve far more recognition and compensation than they've received. Investing our health-care dollars in them is the least we can do.



jenn  
watt

## Editorial



Spring snow

by Darren Lum

## An educated society

LIKE THOUSANDS of students across Ontario, our daughter was sent home from university in mid-March. With three weeks of classes still to be had, her professors were quick to organize Zoom and the learning continued. It was fascinating for Jim and I to quietly listen in the background to her physics, chemistry, calculus and biology lectures. Those subjects were never my strong suit and so I had a few good laughs to myself. She had her three weeks of lectures, followed by "online course crams" where a professor reviewed the entire term in eight hours, and these were done on Zoom as well. Madeline worked with professors from across Canada for the course crams. And then came the time to write the exams.

As I sit writing this article, she just completed her final exam and is officially done her first year of university and I am very proud of her. It has been so interesting to watch her, and her fellow students study and work together using Zoom, Facetime and Skype with all the technology of the computers, iPads, and cellphones. In her friend/study group there are young people who have aspirations to be a surgeon, a dentist, an engineer, a pediatrician, a teacher, a researcher and then there is Madeline who hasn't decided what she wants to do yet. She loves learning and is open to possibilities. She and her friends are smart, hard working and focused students.

I watched them do homework and study together online and I observed how they all rely on each other. In order to get through the volume of work, and the challenging content they need to collaborate and problem solve together. I actually don't think it would be possible to do it alone unless they were really smart in every subject. And, they obviously have a lot of fun

working together.

I watched Madeline engage with her friends and I was once again grateful for the education she got in our school system. She went to university prepared, not only in content but in the ability to work and problem solve with others. It is key to her success. These young people (and all the others who are working hard in programs across our province at colleges, trades programs etc.) may someday be leaders in their chosen professions and future communities where they will settle. One thing we all know right now in

this time of the global pandemic is that we need smart people who can solve problems, work together, be creative and take steps to deal with the challenges they face. It is obvious that a well educated society, in all aspects, is essential.

Right now in this global pandemic there are people like me who are staying home and doing the right things so that I follow the rules and contribute to society getting well and back to

normal. And then there are the people who are problem solving their way through this. Doctors, scientists, health-care workers, educators, medical officers, businesses. Grocery store owners, restaurants and gas station owners have figured out how to stay open safely, and to ensure that we have what we need. Builders are constructing the facilities for COVID testing and treatment. Musicians are working together to raise awareness and money to support. We are relying on smart people in all parts of society to get us through this.

So three cheers for our educators at all levels in all programs. We need you to keep educating and inspiring all these smart people. An educated society will get through the challenging times.

Tales from  
the great



lynda  
shadbolt

## Green meadow

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# points of view

## Citizen science

JUST LAST WEEK, I received an email from a friend of mine who is a biologist. He asked me if he could provide my contact information to an anthropologist and his undergrad because they are doing a study that requires information from advanced bowhunters so that they might better understand primitive bowhunters.

The truth is I am uniquely qualified to help because I already know the main differences between the two groups. Modern bowhunters must abide by hunting seasons, pay for licences, and draw for tags. Also, most primitive hunters did not want to have their own TV show or be known as an online "personality."

There are probably similarities too. For instance, I bet primitive hunters also played up an old back injury when it came time to drag another hunter's big game animal back to camp.

Thoughts like these are why my exact reply was, "They are welcome to contact me. But just so you know, it's not the first time scientists have expressed interest in studying me."

He did not seem surprised.

If I am going to be completely honest, this is a dream come true. It basically means I will have a captive audience to tell my hunting stories to – and, if I can tell enough of them with a straight face – soon they will be enshrined into the anthropological record so that people in the future will seriously underestimate how smart we were in this era – just in case Trump hasn't



steve  
galea

Loon Tales

already sealed the deal on that one.

I think we all recognize that it's every young boy's dream to be examined by scientists. And since I haven't really matured yet, it's mine too.

It's clearly not an ideal situation, of course. As far as I can ascertain, neither of these scientists are mad. Still, with the right amount of inducement, who knows?

Before you think I am asking for too much, let me just say, I'm not looking for anything crazy like huge bolts being installed above each ear. Small bolts or rivets would do just fine. And what would be so wrong with a little accidental radioactivity that provided me with a useful superpower like the ability to eat third helpings? That's the kind of thing that gives a man a legitimate reason to purchase a cape, mask and leotards so he can wear them around the house – at first.

These are the sort of intellectually-advanced requests I will put forth, if they ever make contact. That way, they'll know I'm taking this seriously. I am also doing this because, as a representative of this community, I want to do you proud.

I've given this some thought now. That's why I'd also like to know, beforehand this time, if they plan on putting me in some sort of museum exhibit or cage. And, if so, will Netflix and popcorn be provided. It would also be fair, I believe, to let them know how much time I will invest running on a giant hamster wheel, should one be required for this study – a half hour at most.

The bottom line is I'm honoured to even be considered for scientific, rather than the normal psychological, assessment. I think I have a lot to offer science in general.

Hopefully, with my assistance and cooperation, the anthropological community will begin to better understand the fundamental differences between primitive bow hunters and those of us in the modern era. I suspect cabin fever might be the main one.



## pic of the past

After immigrating to Canada in 1873, William and Ellen Prust settled in Haliburton "where for years Mr. Prust was engaged in the building trade" and also served as the clerk of Dysart et al and the division court. His 1927 obituary says he moved to Toronto where he was involved in real estate, opening up several streets in the East End. His obituary says "Mr. Prust was an Anglican in religion, a Liberal in politics and a lifelong reader of *The Globe*." This photo originally ran in the *Echo* in 2009 and was contributed to the paper by Prust's great-granddaughter Debra (Prust) Kingdon.

## letters to the editor

# Go home, stay home

To the Editor,

On March 7 there were 28 COVID-19 cases in Ontario; 1,966 on April 1; 4,347 on April 7; 7,049 on April 13. In Canada, there were 51 cases on March 7; 8,548 on April 1; 16,667 on April 7; 24,383 on April 13. This morning there were 644,806 cases in the United States and 214,648 in New York, a stone's throw from here. Despite these terrifying numbers and intensive media coverage, cottagers and other visitors were here in large numbers on the holiday weekend. The home next to me, not a principal residence, had several vehicles in the driveway. Someone from Haliburton probably drove to another community, too. What is it that people don't understand about the message, "go home, stay home"? Too complicated?

On March 27, Ontario Premier Doug Ford asked residents in urban areas to avoid cottages and rural properties due to limited hospital capacity and the difficulty of replenishing essential items. Dr. Theresa Tam, Canada's chief medical officer gave the same advice on various media including Twitter on March 30. Ontario's "stay home" message has been repeated continually in the media, yet here we are. The possibility of sickness and

death brought to you by your friendly traveller down the road. Of course, the rules don't apply to them, only to someone else.

Asymptomatic people are one of the difficulties in this pandemic. They are people who never experience any symptoms of the infection yet carry the possibility of infecting others without ever knowing it. It is generally agreed that perhaps 25 per cent of infected people may be asymptomatic. One way or the other, social distancing has little meaning if the selfish and unthinking continue to move about.

The math is pretty simple. Every infected person can be reasonably expected to infect two to three others. Worldwide statistics seem to indicate an average doubling of cases every six days, although in some parts of Canada this has now changed to eight to 10 days. Nevertheless, a few infected people becomes thousands in a few weeks, reflected in the statistics we see every day. Think about the consequences of your actions. Think about someone other than yourself. Go home and stay home.

F. R. Shuttleworth  
Haliburton

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# Volunteer Week



## Volunteers step up when community needs them most

JENN WATT

Editor

The work of volunteers is the keystone of the Haliburton Highlands community, with hundreds if not thousands of residents putting the needs of their neighbours first, doing what they can to make the Highlands a better place. This week is National Volunteer Week, a time set aside to thank volunteers for what they do all year round.

This year, the *Haliburton Echo* and *Minden Times* reached out to the county's mayors, asking them to share their perspectives on what makes volunteers so important.

"The number of volunteers we have in Algonquin Highlands, and their commitment to making things better, never ceases to amaze me," said Carol Moffatt, mayor of Algonquin Highlands.

"The folks who step up to be on our various committees of council bring a broad range of knowledge and experience to develop new ideas, solve problems, put on events and look after the well-being of a wide range of community interests and needs. The dedication in the number of hours some of these people put in for the township and the community is astounding. There are so many things we simply couldn't do if we didn't have volunteers."

She also thanked those who better the community through clubs and groups that are not municipally-affiliated such as Dorset Lions Club; the Stanhope tennis group; and the Oxtongue Lake for Arts and Culture group; as well as those who step up to do things like teach courses, lead fitness classes, run pickleball and organize speakers.

In Minden Hills, Mayor Brent Devolin said the volunteers are too many to name, saying their work is crucial to the wellbeing of the municipality.

"We can never begin to pay for the support they give us. In good times and bad they're there and they help out. I just think of those larger groups that support our

see page 10



Minden Rotary Club member Sally Moore greets guest Max Brosseau as he inquires about purchasing tickets at the annual Minden Rotary Dinner and Auction last June. /VANESSA BALINTEC Staff

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This ad has been purchased personally by VDO Board Members





# Volunteer Week



from page 9

community. Those who regularly participate in our committees, working groups, task forces, and events. They're there all the time. Within Minden Hills, the numbers are in the hundreds, if not the thousands on an annual basis. We have a lot to thank them for," he said.

While some rural areas are seeing a drain on their volunteer populations, Haliburton County benefits from a robust group including many energetic retirees.

"We continually are getting new people who have moved to the area who are done their working career to come here with experience and energy. We haven't had that [decline] even in normal times, that decline we've seen elsewhere in other rural communities," he said.

Dysart et al Mayor Andrea Roberts agreed with Devolin, pointing out what a wealth of experience retirees bring to the county.

"Many people retire up here and they bring their skills, expertise, and energy," she said. "Because of this our community is better off. There has been no other time where the importance of volunteers has been shown as during this COVID-19 pandemic. People are reaching out like never before, delivering groceries, donating to food banks and other organizations and rallying to fill the demands that our more vulnerable people in the community have."

As Roberts pointed out, the pandemic has put into stark relief the importance of the helpers in the community, as many



Volunteer Dental Outreach Clinic volunteers Brigitte Gebauer, left, and Lisa Kerr staff their booth at St. George's Anglican Church pancake supper held at the Legion last year. The VDO was the chosen recipient of that year's fundraiser. /JENN WATT Staff

struggle with new financial hardships, anxiety over the virus and uncertainty for the future.

The efforts to bring people together has made the community stronger, Highlands East Mayor Dave Burton said.

"Local businesses, agencies and individuals have come forward to help our

most vulnerable population and those in need. I would like to extend my deepest gratitude to the CFN [Central Food Network] and Wilberforce Foodland for the implementation of a grocery delivery service during this unfortunate situation. I am so proud of their efforts to come together and provide this service during

this crisis to ensure our community continues to have access to essential supplies," he said.

All of the mayors have expressed their appreciation for the frontline workers who have responded to the challenge of COVID-19 and are working to keep the


see page 11







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# Volunteer Week



from page 10

people of the Highlands safe.

Devolin said that when the pandemic is over, the list of those to thank will take a week to compile. "Everybody has stepped up," he said. "...I think it's wonderful and it's humbling to have that support in our

community."

That support endures throughout the year, with volunteers continually doing what they can to create new and better things to benefit the greater good.

In Algonquin Highlands, work in Dorset to promote health care has been particularly impressive, said Moffatt.

"In terms of notable achievements, the volunteerism and achievements of the Dorset Health Hub is surely one of the most impressive mobilizations of community goodness I've ever seen; and there's practically an army behind the planning and execution of the 30-year-old Dorset Snowball," she said. "The restoration of the Hawk Lake Log Chute is also a favourite in terms of stand-outs ... but I'm a bit biased there!" (Moffatt was heavily involved with the log chute project prior to her time in politics.)

In Highlands East, the benefits of volunteers manifests in many ways, Burton said, from the firefighters who give their time and energy to keep people safe to the Central Food Network and Wilberforce Curling Club that provide educational programming to local youth to the beautification and community events created

and hosted by volunteers to those who give their time to municipal committees.

Moffatt, Devolin, Burton and Roberts all said they were deeply grateful for what the volunteers add to their communities.

"They shine brightest in times like this, but they shine for us all the time and if you're out and about very much in the community at any of these events or at any of these initiatives you see their faces. It's wonderful to see them. You couldn't begin to name them all. We're very fortunate the community we live in," Devolin said.

"There are many quotes that acknowledge volunteers but ultimately, it's simply thank you – thank you for caring, for committing and for creating. I'm grateful that so many wonderful people call Algonquin Highlands their home and I'm equally thankful they choose to share their energy, skill – and tenacity, to take on what they do," said Moffatt.

"Thank you to all the volunteers! You are appreciated more than words can say!" said Roberts.

"To all of our caring and compassionate volunteers who have dedicated their time and talents to make Highlands East a better place for all thank you for all that you do and continue to do. This is a time to recognize and celebrate volunteerism in our community and thank the many volunteers who selflessly donate their time and energy throughout the year. Our community is better for it and we are so fortunate to have such noble people in our community, who want to create and achieve good things," Burton said.

“

*There are many quotes that acknowledge volunteers but ultimately, it's simply thank you – thank you for caring, for committing and for creating.*

— Algonquin Highlands  
Mayor Carol Moffatt



Students participate in the Let's Cook program held last year at the Lloyd Watson Centre in Wilberforce, sponsored by the Central Food Network and the Highlands East Food Hub, with the help of the Community Cooks. The bi-weekly sessions taught students the basics of how to cook. /DARREN LUM Staff

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# Finding a friendly face at the West Guilford landfill

JENN WATT

Editor

Mason Gordon stands a few metres from the shed at the West Guilford landfill where he works as a landfill attendant on a warm Friday morning, travel mug in hand, watching as vehicles pull into the driveway and to their right, up to the recycling bins.

He eyes the contents in one person's bag – thankful for the clear plastic bag rules – and calls out a friendly reminder: “milk cartons are actually paper!” It's confusing, he concedes, when the cartons come with the plastic spouts.

On a normal shift, Gordon would have been up at the bins with the visitors, giving advice on recycling and waste reduction, but also asking about their families, chatting about the weather and sharing a joke or two.

That's changed now to accommodate physical distancing, as the municipality seeks to prevent the spread of the coronavirus.

“An average day I would probably spend about 50 per cent of my time at my recycling bins helping customers sort the recycling, make sure everything's going to the right spot,” Gordon says. “Now I try to do that from 20 feet away.”

On Friday, he doesn't approach anyone – if anything he spends a good deal of time taking steps back, ensuring the space between him and the landfill users is vastly greater than the two recommended metres. Three orange pylons have been set up around his work shed, serving as a visual cue to keep a distance.

“For me, I can't help anyone [physically] anymore. I can't help unload the cars. I can't help them sort their recycling out properly. I'm having to take literally steps back. It's really strange,” he said.

That distance has also changed the dynamics with some of the more familiar faces that come through on a weekly basis. One of his regulars told him that when the protocols around physical distancing came into practice, she worried how she was going to tell him that they couldn't have their chats anymore. Gordon laughs as he recounts the story, because he, too, has had the same dilemma.

“It's mostly smiling and waving. You can have small conversations, but I also don't want to hold anyone up, so that way we don't develop lineups and crowding,” he says.

And yet on Friday, the landfill is still an overwhelm-



Mason Gordon stands on the deck at the West Guilford landfill on April 17, waving to visitors and answering questions. New physical distancing rules mean he can't help people in the same way as he used to, but he's still greeting people with a smile and sharing a friendly hello as they come by. (“Wes” Guilford, the landfill mascot, left, also greets visitors).

ingly positive place. Visitors roll past the shed, arms extended out windows to wave, every once in a while slowing down to holler a hello or dole out a gentle ribbing that Gordon is having his photo taken for the newspaper.

His favourite part of the job is the people, he says, standing on the shed's deck, hands in pockets, watching the cars complete their circuit. Plus, it's fulfilling.

“I feel like I'm actually doing something. I'm actually helping,” he says.

Gordon says that since pandemic precautions have been in place, there are a few regular users who haven't been in – ones who are in wheelchairs and need more assistance. He said he hopes they're getting someone else to bring in their garbage and asks members of the public to consider helping their neighbours with garbage, if they can.



Mason Gordon has been a landfill attendant at Dysart et al's West Guilford site for about a year. He said he loves the job because he gets to meet so many people and he's able to work toward the greater good of reducing waste. /JENN WATT Staff

## Wilberforce fair, land trust events cancelled

Additional events for this spring and summer have been cancelled as organizations take precautions to avoid further spread of the coronavirus in the community.

The Wilberforce Agricultural Fair, a staple of summer fun in Highlands East, won't go ahead in 2020. Organizers said it was too difficult to predict whether physical distancing protocols would still be in place by then, and whether the municipality would be allowing use of the fairgrounds space. Asking sponsors for contributions during a time of “significant financial duress” also seemed inappropriate, organizers said.

The Haliburton Highlands Land Trust announced in its newsletter last week it would not be hosting any programming for the public while physical distancing rec-

ommendations were in place. This includes their Discovery Days adventures as well as the Rock Our World fundraising dance, which was planned for August.

The Dahl Forest property is also closed to the public. “We are working diligently to research alternative ways to virtually offer some of our Discovery Days events, possibly our AGM and perhaps even a ‘non-event’ fundraising event. Please let us know if you have any ideas that you would like to share or could offer assistance, as we move into this more technologically driven environment – we'd love to hear from you! Watch our website for further updates and information,” the newsletter reads.

Jenn Watt, Staff

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# Social Distancing will be good for my garden: starting seeds indoors

Part five in a series of garden tasks we can complete while practicing social distancing

A COUPLE OF weeks ago, I mentioned that growing new plants is a way for us to think forward during this time of angst. Starting seeds is another way to focus on tomorrow. Most gardeners, novice and experienced alike, have tried to grow things from seed and usually have both horror stories or “near miracle” tales.

Seed catalogues arrive in the mail mid-

winter, when we are most desperate for green. The temptation to grow three-foot long beans, flowers to attract butterflies or basil for pesto takes hold. In fact, the two main reasons for growing from seed – cost and variety of choices – take a back seat to joy and wonder.

You likely have a stack of seed packets somewhere in your gardening cupboard. For some, it is a coffee can in the garage;

others carefully store the “dormant promise of green” in the refrigerator crisper. Wherever you keep the seeds, it is time right now to sort them. The difficult thing is how to know which seeds are still viable and which are past their due date. (Fresh seed will always be best.)

Testing old seed is easy. Wrap 10 or 20 seeds in a damp paper towel, seal in a Ziploc bag and place on top of your fridge for a week. Check the bags every couple of days and count how many seeds sprout. If you get more than half sprouting in a week or so, keep the package. Perennial seeds usually have more complicated germination cycles so I just go ahead and plant them. It is a cosmic truth that if the seeds remain in the package, you won’t have any germination. For seeds that you know you won’t use, consider donating them to a Horticulture Society seed exchange.

Here are some quick tips to start seed indoors:

- Decide if the seed needs a head start. Many vegetables and some annuals prefer being sown directly into the garden. This information is always printed on the seed packet.
- Count back from the normal last frost day to time your planting. We are four to six weeks out so I start tomatoes, kale and broccoli now along with marigolds.
- Wash the containers. Use small pots, cell packs or used food containers. Just make sure to cut drainage holes in the bottom.
- Add dampened (not wet) seed starting mix. Use sterilized mix as garden soil

has loads of weed seed. Any general mix will do but “seedling/cutting” mix is finer and easier on roots.

- Sprinkle seed on surface and press in lightly. Cover seed to depth of two times diameter of seed. For very tiny seed I don’t bother covering – the seed easily drops into crevices of the soil mix. Plant very large seed (sunflower, cucumber, sweet pea, squash) two to a pot, others are sown more thickly and transplanted to single pots when they have two or three sets of leaves.

- Put a label in the pot! All baby plants look alike.

Seal pots in Ziploc bags or use the clear domed trays available at stores or garden centres. Seeds need a moist atmosphere to germinate (even cactus seed germinates on the one day it rains in the desert).

- Keep trays/bags in warm space out of direct sun. The top of the fridge is a good place.

Remove the cover or open bags as soon as the sprouts emerge and provide better light. Grow lights are ideal but windows work, too; you just have to rotate the plants every day or two so they don’t grow in only one direction.

- Keep watered – seedlings will not survive drying out.

Before transplanting to the garden, harden off the plants. (Slowly expose them to the outdoors by placing them in a shaded, wind-protected area for an hour or two each day for a week.)

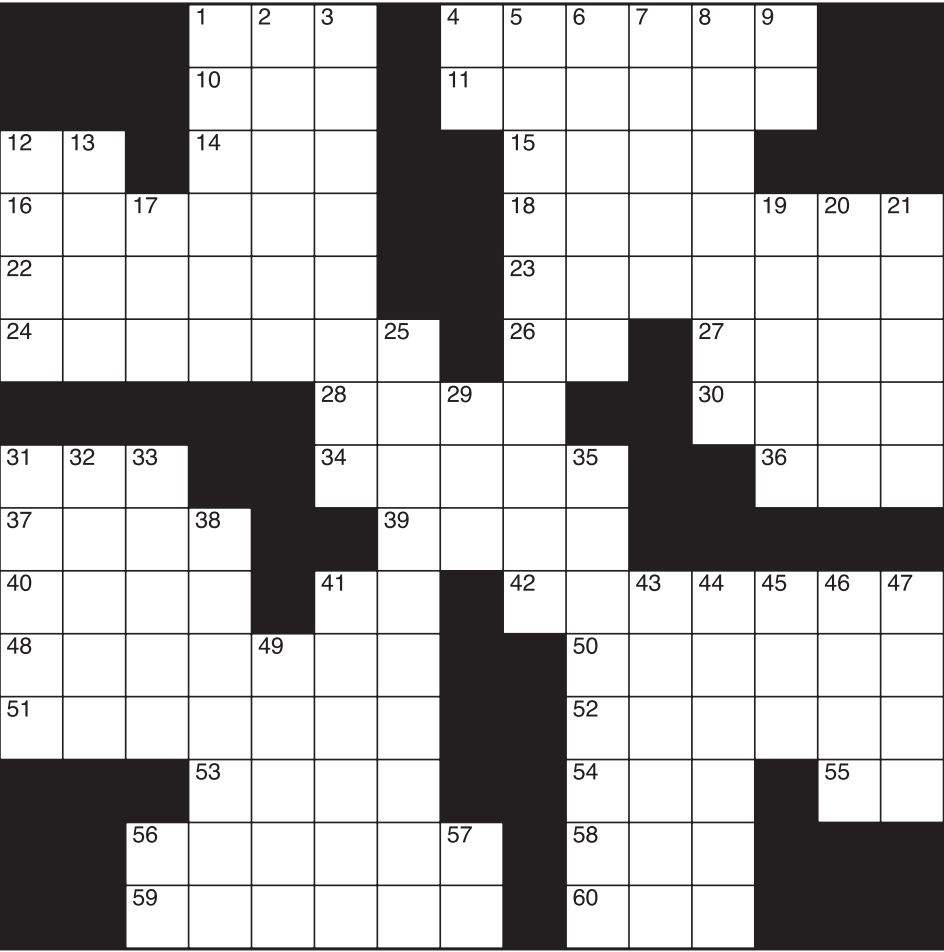
- Plant in the garden (preferably on a cloudy day) to the same depth as they were in the pot.

Enjoy!

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CLUES ACROSS

- Revolutions per minute
- Hymns
- Brew
- Did not acknowledge
- Atomic #77
- Partly digested food
- Not one
- Lesotho capital
- Copyreading
- Living organism that feeds on organic matter
- One’s biological father
- An aggregate of molecules
- Equally
- Khoikhoi people
- Jump in figure skating
- Lantern
- TV network
- Georges \_\_, French philosopher
- Sharp, shrill bark
- Albanian monetary units
- Launched Apollo
- One who graduated

CLUES DOWN

- Flower cluster
- A form
- Inner organ regions
- Local law enforcement
- A citizen of Senegal
- Positively charged electrodes
- Connects granules
- Business practice
- The Mount Rushmore State
- Leader

CLUES ACROSS

- Exist
- Passed by
- Very unpleasant smell
- Graduates
- Seedless raisin
- Self-protection
- Clue
- Life-savers
- Ingest too much
- Misrepresented
- Small Eurasian deer
- Most mocking
- Soviet Socialist Republic
- Hindu queen
- Proofreading mark
- European country
- Greek mythological nymph
- Grandfather
- Clears
- Amount of time
- Mollusks
- German municipality
- Body part
- City of Angels hoopsters
- Suffocate
- Pleasing to the eye
- Poplar trees (Spanish)
- Ship officer
- Individual investment account (abbr.)
- Prefix meaning within
- Ceased to live
- Day by day
- Not color
- Condition of withdrawal (abbr.)

Answers on page 15

Garden



Belinda Gallagher

Musings



Above, make sure you label each pot when you plant the seeds. It’s hard to tell the difference between plants when they’re young.

Left, wondering whether some older seeds are still viable? Try wrapping them in damp paper towel and placing them in Ziploc bags for a week. If more than half sprout, it’s worth keeping the seeds.



# Dial-a-Doc service an option for those without a family doctor

DARREN LUM

Staff Reporter

Many doctors in Ontario are seeing lower volume of patients in their offices, as concerns over contracting the COVID-19 virus grow.

To address this issue and to expand access to medical expertise, the website Dial-a-Doc was formed, which provides consultations over the phone.

The website is the brainchild of Toronto-based doctors Dr. Mark Auspitz and Dr. Thomas Debssou of the Watson Medical Clinic.

"We get a list of patients and we disperse them among some other clinics so that they can stay in service because a lot of everyone's [patient] volume [has gone] down a lot now," Auspitz said.

Dial-a-Doc has connected with more than 7,000 people since the website was created on March 18.

Patients are from communities all over Ontario, including rural communities such as Sioux Lookout, Kenora, Thunder Bay, Sault Ste Marie and Wellington.

Dial-a-Doc helps people stay in their homes and avoid using the emergency departments.

Originally, the service began as a way to benefit Auspitz's patients and staff, who he didn't want to lay-off due to the approximately 50 per cent reduction in patient hour care.

"We started this service to [provide] an alternative for people to come to the clinic and also our volume decreased a lot because a lot of people didn't want face-to-face care. We started mainly to support our clinic," he said.

Dial-a-Doc is free and covered by OHIP. No registration is required. Patients are not asked for personal health information from Dial-a-Doc. All a person has to do is provide a phone number.

Once a patient submits a request they can expect a call from a doctor within 24 hours.

Dr. Norm Bottum of the Haliburton Highlands Family Health Team said phone consultations are not a new concept and are already provided by him and his colleagues.

During phone calls with patients, Bottum said either a nurse or a doctor will determine a course of action based on if a phone consult is enough or if an in-person meeting is required.

Like other doctors, Bottum said he has seen fewer patients in-person and fewer overall.

His phone calls with patients are about double that of his in-person consultations on an average day in the office.

Bottum said his patients appreciated phone consultations even before the pandemic.

"Patients like it. They don't have to leave their home and a lot liked it before this COVID-19 thing because in general a lot of patients don't like to take the time out to go see a doctor. They just want to deal with it by phone," he said.

Unlike some doctors in other places who are compensated per patient visit, he said his compensation is based on the payment system known as capitation. Bottum gets paid a fixed fee per person, per year regardless of how

often that person comes in.

Phone appointments are an important source of revenue for doctors who are compensated per patient.

"Some of them are looking for different revenue streams and one of those revenue streams could be phone appointments," he said.

For doctors like him, there is a financial incentive to provide additional care to the patients by offering other medical services such as house calls, hospital work and after hour services.

Bottum noted there are new COVID-19 safety measures at his office.

"We're not using our waiting room anymore. So patients that come for an appointment they'll come and get screened at the door and they may be asked to go back and wait in their car until we have a room available to them and a nurse will actually text them on their phone or call them," he said.

The message he has for the public is to not ignore any health issues because of fears of contracting COVID-19.

"I had a patient who decided to stay at home with chest pains. Well, we found out about it and got her down to Peterborough to see a cardiologist. Another fellow had jaundice – when your skin turns yellow. It's usually a sign of liver disease and he'd been home for a week, but he didn't want to risk COVID. We don't want people to risk other significant health problems trying to avoid COVID. We're trying to do everything we can to protect people if they come to our office, the Minden office, the Haliburton emerg, the Minden emerg. We're trying to do everything we can to minimize the risk to people to get health services," he said.

Bottum said the Dial-a-Doc service can be helpful for people in the Highlands under certain circumstances.

"If you don't have a family physician, this may be an option for you. It's not ideal, but it's better than nothing

and it may avoid a trip to the emergency department," he said.

Auspitz said his service is best for those who don't already have a family doctor, or who cannot reach that doctor.

"Really, if the family doctor is available that should always be the first place they call," he said. "Having said that, most of the people who call us they either don't have a family doctor so they don't have anyone who manages them and a lot of people for whatever reason can't reach their family doctor clinic at this time."

Among the challenges facing Auspitz and clinics like his, he said, is not just the loss of revenue from fewer patient visits, but the competition posed by private clinics, which represent a movement to a two-tier system.

He said he doesn't have a problem with people who knowingly choose a company that connects people with doctors over the phone for a fee. His concern is for those who don't know what they're paying for once the government stops covering it.

Since March 14, the Ontario government has been covering medical phone consultations.

Auspitz said once the health crisis is over, provincial coverage will end and if people want to continue with a private company they may be surprised when they receive the bill.

Auspitz said his website isn't about profits and he expects to shut it down when the health crisis is over.

"I don't think we're unique by any means. I think everyone is trying to do what they can right now," he said. "Unfortunately, with the economy and everything that is going wrong and people getting laid off, it's [about feeling] like you're able to provide some value. We get a lot of pride from that."

Anyone interested in accessing the website can visit [www.dialadoc.ca](http://www.dialadoc.ca).

## CROSSWORD ANSWERS

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## Distance shopping

A customer inquires about shopping at the Haliburton Home Hardware as Dale Walker, owner, explains how the store is conducting its contactless purchases. Options include shopping online, by phone and over email. /DARREN LUM Staff

# Haliburton's Head Lake now ice-free

The ice is out! Congratulations to Susan Little who is this year's winner of the Head Lake Ice Out contest. The ice officially left the lake at approximately 1 p.m. on Sunday, April 19. Little guessed 12:30 p.m. Thank you to everyone

who participated in this year's contest – we had more entries than ever. Little wins a one-year subscription to the *Haliburton Echo*.



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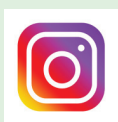
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A detailed job description is available on the municipal website **www.dysartetal.ca**.

Interested individuals are invited to email a detailed resume and cover letter in confidence to:

Laurie Salvatori, Deputy Clerk

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**No Later Than 12:00 pm Tuesday, April 28th, 2020.**

**\*\* Interviews will commence once the municipal office is reopened to the public and the Municipality has lifted its State of Emergency due to the COVID-19 Pandemic\*\***

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**Private Visitation,  
Graveside Service & Reception**

A private visitation, Graveside Service, and reception were held. Funeral arrangements have been entrusted to the **HALIBURTON COMMUNITY FUNERAL HOME** 13523 Hwy. #118, Haliburton, Ontario (705) 457-9209.

[www.communityfuneralhomes.com](http://www.communityfuneralhomes.com)

*In Loving Memory of*  
**Marion Sedgwick**

Anna Marion Sedgwick of Gelert died April 13, 2020, at the age of 90.

Marion was a teacher, nurse, nursing teacher, missionary, United Church of Canada diaconal minister, world traveller and gardener. She was born in Gelert Aug. 10, 1929, to John Barr and Mary (Allen) Sedgwick. She was predeceased by her brothers, Rowland Sedgwick (the late Edna) and the Rev. Wendell Sedgwick; her sister, Genevieve Payne; and her niece Joan Bertin. She is survived by brother-in-law Philip Payne and sister-in-law Lorna (Keay) Sedgwick. Marion is warmly remembered by her nieces and nephews Sonya (Sedgwick) Proctor (late Mike), Katherine Sedgwick (Raymond Brassard), Melanie Sedgwick, John Sedgwick, Kenneth Sedgwick, Megan Payne (Jeff Payne), Bruce Payne (Jennifer Ackert), Nancy Payne (Denis Grignon), Valerie Payne (Scott Iverson), and niece Joan's husband Joe Bertin. Aunt Marion is also remembered fondly by great-nieces and great-nephews Nikita and Conor Payne, Esmé and Christian Iverson, Madeline and Sydney Payne, Yannick and Jonah Grignon, Nathan, Daniel, Emmet and Timothy Wisnicki, Sam and Tom Sedgwick, and Julia and Claire Sedgwick. Marion had friends all over the world.

Cremation has taken place; a memorial service will be held when we are able to gather once again for worship. If you would like to do something in Marion's memory in the meantime, you could plant a tree or a patch of garden. Gifts to honour her remarkable life may be made to the Mission and Service Fund of the United Church of Canada and can be arranged through the Gordon A. Monk Funeral Home Ltd., P.O. Box 427, Minden K0M 2K0

[www.gordonmonkfuneralhome.com](http://www.gordonmonkfuneralhome.com)



INSIDE  
THIS WEEK:

TRAGEDY NOT IN VAIN  
Local builders learn how to avoid  
carbon monoxide poisoning

ALGONQUIN HIGHLANDS  
Sherborne, Stanhope et al adopts new  
name for new municipality

WEST GUILFORD FAREWELL  
Echo correspondent Eleanor Cooper  
puts the cap on her writing pen

www.haliburtonecho.on.ca



# THE ECHO

HALIBURTON COUNTY

Tuesday, March 20, 2001  
Vol. 117 No. 49  
\$1 including GST

MARTHA PERKINS/echo



Usually known as a Scottish bagpiper, Earl Cooper transformed himself into an Irish fiddler to entertain patrons at the Haliburton Hospital Auxiliary's annual St. Patrick's Day luncheon at the

Legion, accompanied on piano by his sister-in-law, Kathleen Owens. For story on the Auxiliary's \$48,000 donation, please see page 22.

## New IGA is a go

■ Corporate parent approves 25,000 sq.ft. store in Haliburton's downtown

MARTHA PERKINS  
Editor

By doubling the size of the existing store and thereby offering more selection and space to customers, franchise owner Bob Park says the new Market Garden IGA will help to create a stronger downtown core in Haliburton village.

"I'm hoping this sets a precedent," Park says of the new "upscale", 25,000 sq.ft. grocery store.

With construction set to begin in mid-April, Park says "for me it's like having our first child all over again. All of us are so excited about it."

The building itself will be built and owned by Sobey's, the large grocery chain based in the East Coast. It bought the owner of the IGA chain, Oshawa Foods, a couple of years ago.

The existing store will be torn down and turned into parking. The Dawson Insurance building will be torn down to provide

## Fearrey to urge county to consider massive composter

ERIK MARTENSSON  
Staff Reporter

Haliburton County Warden Murray Fearrey will be talking trash at county council later this month as he plans to encourage its members to investigate a waste management program he feels may help alleviate the Highlands' mounting garbage dilemma.

The Dysart et al reeve calls the program from the German company Herhof-Umwelttechnik GmbH "appealing" and "exciting". It uses accelerated composting and an unconventional concept of recycling to lessen the amount of garbage that goes into municipal landfills.

Recently Fearrey and his deputy-reeve, Bill Davis, toured a municipal waste and recycling operation in Caledon that uses the Herhof system and left impressed.

"The landfill site in Caledon was just amazing," said Davis at last week's Dysart council meeting. "It's a process that will probably get rid of 98 per cent of what is going into the landfill now."

The Caledon Public Waste & Recycling Depot is made up of five components: a recycleable material drop-off, a household hazardous waste drop-off and reuse centre, a reuseable goods area, an organics drop-off and compost sales area and the

organics composting facility.

Fearrey says a system suitable for Haliburton would be slightly different from the program in Caledon. Instead of using a recycleable material drop-off, residents could simply leave their recycleables in the regular waste stream and allow Herhof's system to remove it.

"They don't have to recycle, they just put everything in green garbage bags. They don't need to recycle at all. You just bring everything in your garbage bags, throw it on a conveyor belt and it's sorted by the process," says Fearrey. "You have to get your head around that this is a different kind of recycling. It isn't the traditional 'separate the newspa-

pers'."

Waste destined for the landfill would be sorted by the system into metal, glass, organic material and non-recycleable material. The metal and glass would be sent for recycling while the organic material and non-recycleable material would be separated and shredded before being placed inside composting units.

The organic material composting process takes place in a reinforced concrete box with a 60 cubic metre capacity, or biocell. Air is circulated through the biocell using a series of holes within the floor and seepage water that is collected on the floor is rained

See **Composter** page 12

See **IGA** page 6

## March Service Specials!

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## Kennisis Lake

Ultimate privacy with 6.90 acres and 550 ft of clean clear shoreline. Granite walkways and patios. Over 4000 sq ft of living space. This custom built "True North" log home has recently had numerous quality upgrades. Too many to mention. You'll appreciate them when you see them. 5 bdrms, 4 baths, full finished bsmt, insulated triple garage with finished loft.

**\$2,389,000**



## Spruce Lake

Custom built 3BR, 3 bath, waterfront home/cottage. With 25 acres, 225 ft of frtg and Southern exposure. This private and peaceful property. open concept living with beautiful maple cabinetry. Cozy sunroom, gorgeous gazebo or stone patio with firepit. 2 BR guest cottage. Wheelchair accessible.

**\$1,399,000**



## Kennisis Lake

Looking for a yr-rnd home or a 4-season cottage? Breathtaking 3-bdrm, 2 bath home. Custom built kitchen w/ granite countertops, built-in appliances, lrg island & much more. Low maintenance property is very energy efficient. 4 season sunroom. Ramps, paths & staircases suitable for all ages. 4 season bunkie & double car garage.

**\$1,150,000**



## Grass Lake

Stunning 4 BR, 4 bath turn key home/cottage. Large sunny level lot. 100+ ft of private frtg and personal boat launch. Panoramic lake view. 80ft deck. High quality finishing's. Many upgrades in fall of 2018. Double attached garage and detached single garage with carport. Shows pride of ownership.

**\$1,050,000**



## Colbourne Lake

Enjoy being close to nature in a quiet, private and peaceful setting. 4 BR, 2 bath log home/cottage. 25 acres of mature trees. Stunning open concept living. Engineered hardwood flooring, granite countertops and walk-out to covered wraparound deck. Heated workshop with loft.

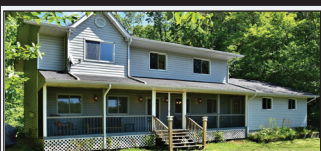
**\$999,000**



## Kennisis Lake

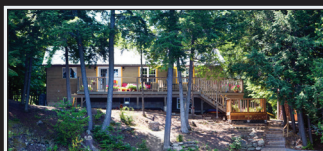
Low maintenance 4 season cottage. 4 bdrm, 1 Bath. Open concept. Oversized dining area perfect for hosting. Large deck with glass railing. Lots of space for the whole family to stay. Additional living space in bunkie. Beautifully landscaped maintenance free property. Granite flower beds and stairway to water. Ample privacy and much more.

**\$899,000**



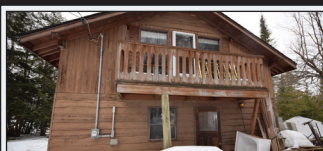
## WENONA LAKE \$662,000

Looking for a quiet, calm and peaceful four season cottage or waterfront home? Look no further. This 3 BR, 3 bath immaculate cottage sits on a private lot. Large open concept living, excellent for hosting family gatherings. 125ft of frtg with stunning western views.



## HALIBURTON LAKE \$619,000

Meticulously cared for 3 BR, 2 bath year round home/cottage. Private lot perfect for children to play. 176 ft frtg. Beautiful sandy beach, dock and full sun. Bright open concept living. Fully finished lower level. Enjoy the stunning views of nature. Detached single garage.



## KENNISIS LAKE \$569,000

It's all about the lot!! Enjoy the gorgeous sunsets from this west facing level lot. Amazing rock shoreline, deep water entry is great for the avid swimmers. 125 ft frontage and year round road. Looking for a fixer upper this one is for you! 3 bdrms 2 with balconies.



## CARROLL ROAD \$559,500

Every nature lovers dream! 3 bdrm, 2 bath rustic log home perfectly situated on 92ac. Deck around the front & side to enjoy your lovely yard, gardens & forest. Complete and utter privacy! Open concept kitchen-dining finished with wood cabinetry and grand wood cookstove. Large 3 bay garage.



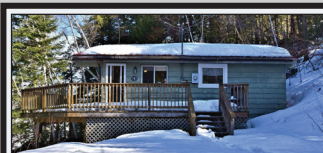
## TWELVE MILE LAKE \$558,000

Offering a million-dollar view and spectacular sunsets! Bright open concept custom built 3 BR, 3 bath home. Floor to ceiling windows providing stunning lake views. Finished lower level. Cozy 3 season cedar screened in porch.



## LONG LAKE \$499,900

Choose to build your dream cottage on this stunning property overlooking Long Lake or renovate the existing building which includes 2 BR and 1 full bath. Extensive 650' of water frontage. Private seasonal access and beautifully wooded 54+/- acres provides ample privacy.



## MISKWABI LAKE \$486,900

Turnkey 3 bdrm, 4 season cottage. Open concept living space. Finished with pine walls and ceilings, gives the true cottage feel. Recently installed laminate flooring throughout, indoor sauna. This property has it all! Walk-out to wrap around deck. Bunkie for additional living space.



## KOSHLONG LAKE \$458,500

Charming 2-bdrm 1 bath fully furnished cottage. Perfectly situated in a quiet bay. Pine walls and flooring throughout provides a true cottage feel. Finished bunkie. With many recent upgrades this cottage is move in ready. Large wrap around deck. Enjoy the panoramic views.



## NESBITT ROAD \$399,999

Recently renovated 4 bdrm, 2 bath home. Beautifully treed level lot. Many recent upgrades include new roof, fully renovated bathrooms, luxury vinyl flooring throughout, blown-in insulation and much more. Finished lower level, large deck and heated attached double car garage.



## PERCY LAKE \$379,000

Great traditional family cottage! 4 Bdrm, 1 bath cottage has open concept living space finished w/ laminate flooring and wood interior boasts cottage charm. Large lakefront deck. Southern exposure. The list doesn't stop there, sauna building at waters edge, large sitting deck and dock.



## LITTLE GLAMOR LAKE \$359,000

Open concept traditional 3-bdrm cottage. Large windows and walk out to the lakefront deck. Sloping to level yard with lots of space for the kids and pets to run and play. Beautiful sand beach, southern views, outdoor shower, privacy and more. 1 bedroom bunkie.



## AIRPORT ROAD \$259,000

We found the perfect starter or retirement home for you! 1.10-ac level lot surrounded by mature trees. Cozy 2-bdrm, 1 bath home with open concept kitchen and living space. In-floor radiant heat and recently installed vinyl flooring throughout. Attached oversized single insulated garage.

## VACANT LOTS

West Lake \$559,500 0.81AC  
Drag Lake \$499,000 7.24AC  
**NEW LISTING** Otter Lake \$289,000 67.9AC  
Colborne Lake \$289,000 4.83AC  
Contau Lake \$165,000 1.33AC  
Harburn Road \$99,000 44+AC  
Irondale River \$79,900 3.22AC

Trappers Trail \$49,900 0.93AC  
Deep Bay Rd \$49,000 3.05 AC  
Tattersal Road \$37,000 1.03AC  
Fred Jones Road \$34,500 6.59AC  
Twist Lane \$27,900 0.43 AC  
Fred Jones Road \$25,000 0.38AC